

**JUICY BROWN SUGAR PORK CHOPS** 

**Servings:** 2 to 4

**Prep**: 5 minutes / **Cook**: 20-30 minutes

## **Ingredients:**

- 4 pork chops (thick is best, bone-in or boneless works)\*
- 2 tbsp soy sauce
- 1 tbsp Worcestershire\*\* sauce
- 2-3 cloves of garlic, minced
- ¼ cup ketchup
- ½ cup brown sugar

## Steps:

- 1. Take the chops out of the refrigerator 30- to 45-minutes before cooking.
- 2. When you're ready to go, preheat the oven to  $350^{\circ}$  F (177° C).
- 3. In a medium sized bowl, whisk together the soy and Worcestershire sauces, garlic, ketchup, and brown sugar.
- 4. Grab a glass Pyrex dish, cast iron skillet, or any other oven-safe pan of your choice, just as long as it's deep enough so the sauce doesn't go everywhere.
- 5. Place the chops in the pan and pour the sauce evenly to cover the meat.
- 6. Bake, uncovered, for 20-30 minutes depending how thick your chops are. You are looking to get the temperature of the meat just to  $145^{\circ}$  F (63° C) without going too far over because over-done pork will be dry and blah. I always start testing at the 20 minute mark.
- 7. They don't need to rest long...3 minutes will do it while you serve up your sides.
- 8. Serve right away with some of the extra pan sauce spooned over the top. These are great with mashed potatoes, potatoes au gratin, mac & cheese, Mexican street corn, or almost anything else.

<sup>\*</sup> Bone-in tastes worlds better than boneless, in my opinion, but both will work. I also said that this serves 2 to 4, because we usually each eat 2, so for 4 people, we'd need 8!

<sup>\*\*</sup> I can't say that word, so I usually say, "Wash Your Sister Sauce," which usually always gets a laugh...even if it's just me.